

JUNE 2023

RIO DEL ORO PROJECT RESILIENCE SNACK

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelong@plUSD.org

Monday

Tuesday

Wednesday

Thursday

Friday



Goldfish Pretzels ⁵
= 1G
Juice = 3/4C F
*Students must take all items

Chocolate Chip ⁶
Oatmeal Bar = 1G
Milk = 8oz
*Students must take all items

Snack Mix = 1G ⁷
Juice = 3/4C
*Students must take all items

¹
Cheez Its = 1G
Juice = 3/4C F
*Students must take all items

²
Cereal Bar = 1G
Milk = 8oz
*Students must take all items

⁸
Muffin = 2G
Milk = 8oz
*Students must take all items

⁹
UBR = 2G
Milk = 8oz
*Students must take all items

¹²
NO SCHOOL

¹³
NO SCHOOL

¹⁴
NO SCHOOL

¹⁵
NO SCHOOL

¹⁶
NO SCHOOL

¹⁹
NO SCHOOL

²⁰
NO SCHOOL

²¹
NO SCHOOL

²²
NO SCHOOL

²³
NO SCHOOL

²⁶
NO SCHOOL

²⁷
NO SCHOOL

²⁸
NO SCHOOL

²⁹
NO SCHOOL

³⁰
NO SCHOOL

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.

